

Consequences Can Be Your Best Discipline Tools



First make clear to your child what your rules are and how you expect him to behave. Make sure your child understands that, if he does not follow the rules or acts inappropriately, there will be consequences for his actions.

Actually, every action your child takes has a consequence. If he does what you expect, you will be pleased and you may praise him for it. If he does not, there will also be consequences.

Go over your house rules together and agree on appropriate consequences. That way, there will be no surprises. For example, if your child doesn't put his clothes in the laundry hamper, he gets no clean clothes that week. If he does not finish his dinner, he may get no dessert.



When you use firm, fair and consistent consequences with your child—and enforce them every time—you will see that discipline practically takes care of itself!