

HILBERT RUNNING CLUB

Running Club is a drop-in club. We train on Tuesdays and Thursdays, from October through March. (There will be no Running Club on the first Tuesday of every month due to staff meetings.) Anyone can join, regardless of grade or athletic ability. All you need to do is fill out the Running Club Health Information Form.

Once you have submitted your form to Mrs. Hoffman or Mrs. Javor, feel free to join us whenever you can! Meet in the lobby at 3:00, dressed for some outdoor running. We will only run inside if it's raining or below 15 degrees. Arrange in advance for a ride home at 3:45, as transportation is NOT provided. Besides some running shoes and clothing for running outdoors, many students bring a water bottle, a snack for either before 3:00 or after 3:45, and some music to run with (for example, phone & earbuds). We look forward to a great year!

Mrs. Hoffman and Mrs. Javor

RUNNING CLUB SPECIAL EVENTS

Here are some of the special activities that we are offering to Running Club members this school year. Participation is optional, but we hope to see lots of members take advantage of these events!

- **October 2018: Running Club Wear Sale (*T-Shirts, Hoodies*)**
 - * Order forms will be distributed shortly after Running Club starts
- **November 3, 2018: Livonia's *Turkey Trot!* (5K)**
 - * 9:30am
 - * Bicentennial Park (7 Mile & Wayne Rd.)
 - * \$15.00
 - * Registration forms available from Mrs. Hoffman, Mrs. Javor, or at the Livonia Recreation Center
 - * *You may register anytime, even on race day, but you must register by October 22 to be guaranteed a t-shirt*
 - * *Bring a nonperishable food item to be entered in a raffle!*
- **February 2019: Novi's Superbowl Sunday *Super 5K!***
- **April 2018: Dearborn's *Martian Marathon 5K***