



## MacGowan Building Lunch Menu

January 2024

Lunch includes entree, grain, vegetable, fruit, and choice of 1% White Milk or Skim Chocolate

8 Cook's Choice Assorted Fresh Fruits & Vegetables	9 1. Little Caesars Pizza 2. Jalapeno Bites w/Cornbread Poppers (V) Baked Fries & Caesar Salad Assorted Fresh Fruits & Vegetables	10 1. Orange Chicken w/Fried Rice 2. Pizza Crunchers (V) Steamed Broccoli Assorted Fresh Fruits & Vegetables	11 1. Beef Sloppy Joe on a Bun 2. Cheese Bosco Sticks (V) Baked Fries & Carrots Assorted Fresh Fruits & Vegetables Sno Joe Apple Ice Cup	12 1. Chicken Tender Wrap 2. Cook's Choice Chip Bag Assorted Fresh Fruits & Vegetables
15  <b>No School!</b> <b>Martin Luther King, Jr. Day</b>	16 1. Little Caesars Pizza 2. Boneless Chicken Wings w/Dinner Roll Baked Fries & House Salad Assorted Fresh Fruits & Vegetables	17 1. Macaroni & Cheese (V) w/Garlic Knot 2. Hot Dog on a Bun Baked Beans & Steamed Broccoli Assorted Fresh Fruits & Vegetables	18 1. Mashed Potato Bowl w/Chicken Smackers, Gravy & Biscuit 2. Pepperoni Bosco Sticks Whipped Potatoes & Corn Assorted Fresh Fruits & Vegetables	19 1. Chicken Caesar Wrap 2. Cook's Choice Chip Bag Assorted Fresh Fruits & Vegetables
22 1. Nacho Supreme 2. Chicken Patty on a Bun Refried Beans Assorted Fresh Fruits & Vegetables	23 1. Little Caesars Pizza 2. Spicy Chicken Tenders w/Dinner Roll Baked Fries & Caesar Salad Assorted Fresh Fruits & Vegetables	24 1. Rotini w/Meat Sauce w/Garlic Knot 2. Mini Cheese Calzones (V) Steamed Green Beans Assorted Fresh Fruits & Vegetables	25 1. Beef Meatballs w/Garlic Knot 2. Cheese Bosco Sticks (V) Whipped Potatoes & Carrots Assorted Fresh Fruits & Vegetables	26  <b>No School!</b> <b>Records Day</b>
29 1. Beef & Cheese Taco w/Cornbread Poppers 2. Cheeseburger on a Bun Corn Assorted Fresh Fruits & Vegetables	30 1. Little Caesars Pizza 2. Chicken Tenders w/Dinner Roll Baked Fries & House Salad Assorted Fresh Fruits & Vegetables	31 1. Penne Pasta w/Alfredo Sauce (V) w/Garlic Knot 2. Hot Dog on a Bun Baked Beans & Steamed Broccoli Assorted Fresh Fruits & Vegetables	February 1 1. Grilled Chicken w/Quinoa 2. Pepperoni Bosco Sticks Cooked Carrots Assorted Fresh Fruits & Vegetables	2 1. Chicken Caesar Wrap 2. Cook's Choice Chip Bag Assorted Fresh Fruits & Vegetables

USDA is an equal opportunity provider and employer"

\*\*Menu items may change due to availability\*\*