



## MacGowan Building Lunch Menu

December 2023

Lunch includes entree, grain, vegetable, fruit, and choice of 1% White Milk or Skim Chocolate

<p>4</p> <p>1. Beef &amp; Cheese Taco w/Cornbread Poppers</p> <p>2. Cheeseburger on a Bun</p> <p>Corn</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>5</p> <p>1. Little Caesars Pizza</p> <p>2. Boneless Chicken Wings w/Dinner Roll</p> <p>Baked Fries &amp; House Salad</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>6</p> <p>1. Macaroni &amp; Cheese (V) w/Garlic Knot</p> <p>2. Hot Dog on a Bun</p> <p>Baked Beans &amp; Steamed Broccoli</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>7</p> <p>1. Mashed Potato Bowl w/Chicken Smackers, Gravy &amp; Biscuit</p> <p>2. Pepperoni Bosco Sticks</p> <p>Whipped Potatoes &amp; Corn</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>8</p> <p>1. Chicken Caesar Wrap</p> <p>2. Cook's Choice</p> <p>Chip Bag</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>
<p>11</p> <p>1. Nacho Supreme</p> <p>2. Chicken Patty on a Bun</p> <p>Refried Beans</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>12</p> <p>1. Little Caesars Pizza</p> <p>2. Spicy Chicken Tenders w/Dinner Roll</p> <p>Baked Fries &amp; Caesar Salad</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>13</p> <p>1. Rotini w/Meat Sauce w/Garlic Knot</p> <p>2. Mini Cheese Calzones (V)</p> <p>Steamed Green Beans</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>14</p> <p>1. Beef Meatballs w/Garlic Knot</p> <p>2. Cheese Bosco Sticks (V)</p> <p>Whipped Potatoes &amp; Carrots</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>15</p> <p>1. Chicken Tender Wrap</p> <p>2. Cook's Choice</p> <p>Chip Bag</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>
<p>18</p> <p>1. Beef &amp; Cheese Taco w/Cornbread Poppers</p> <p>2. Cheeseburger on a Bun</p> <p>Corn</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>19</p> <p>1. Little Caesars Pizza</p> <p>2. Chicken Tenders w/Dinner Roll</p> <p>Baked Fries &amp; House Salad</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>20</p> <p>1. Penne Pasta w/Alfredo Sauce (V) w/Garlic Knot</p> <p>2. Hot Dog on a Bun</p> <p>Baked Beans &amp; Steamed Broccoli</p> <p>Assorted Fresh Fruits &amp; Vegetables</p>	<p>21</p> <p>1. Grilled Chicken w/Quinoa</p> <p>2. Pepperoni Bosco Sticks</p> <p>Cooked Carrots</p> <p>Assorted Fresh Fruits &amp; Vegetables</p> <p>Holiday Sugar Cookie</p>	<p>22</p> <p><b>½ Day!</b></p> <p><b>No Lunch Service</b></p>

USDA is an equal opportunity provider and employer"

\*\*Menu items may change due to availability\*\*