

# WAYNE METRO MACGOWAN

December 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4</p> <p><b>Lunch:</b> Beef &amp; Cheese Soft Taco Corn Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Cheerios Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Orange Smiles w/White Milk</p>	<p>5</p> <p><b>Lunch:</b> Cheese Bosco Sticks (V) w/Marinara Sauce Cucumber Slices* Fresh Apple Slices*</p> <p><b>Breakfast:</b> WG Banana Muffin Loaf Diced Peaches &amp; 1% White Milk</p> <p><b>Snack:</b> WG Mickey Mouse Cheese Crackers w/100% Fruit Juice</p>	<p>6</p> <p><b>Lunch:</b> Macaroni &amp; Cheese (V) Steamed Broccoli Cnd Diced Pears</p> <p><b>Breakfast:</b> Wild Blueberry Snack'n Waffle Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Ocean Spray Craisins w/Mozzarella String Cheese</p>	<p>7</p> <p><b>Lunch:</b> Chicken Smackers Whipped Potatoes &amp; Biscuit Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Special K Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Turkey Stick w/Cucumber Slices</p>
<p>11</p> <p><b>Lunch:</b> Chicken Patty on a Bun Refried Beans Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Rice Chex Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Melon w/White Milk</p>	<p>12</p> <p><b>Lunch:</b> Little Caesars Cheese Pizza (V) Fresh Pepper Slices* Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Blueberry Muffin Loaf Pineapple &amp; 1% White Milk</p> <p><b>Snack:</b> WG Cinn. Goldfish Cracker w/100% Fruit Juice</p>	<p>13</p> <p><b>Lunch:</b> Rotini w/Meat Sauce Steamed Green Beans Fresh Watermelon</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Mixed Dried Fruit w/Cheddar Cheese Stick</p>	<p>14</p> <p><b>Lunch:</b> Beef Meatballs w/Garlic Knot Whipped Potatoes Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Kix Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Baby Carrots* w/Hummus</p>
<p>18</p> <p><b>Lunch:</b> Cheeseburger on a Bun Corn Fresh Orange Smiles</p> <p><b>Breakfast:</b> WG Rice Krispie Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Kiwi w/White Milk</p>	<p>19</p> <p><b>Lunch:</b> Chicken Tenders w/Dinner Roll Baked Fries Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Apple Muffin Mixed Fruit &amp; 1% White Milk</p> <p><b>Snack:</b> WG Goldfish Pretzels w/100% Fruit Juice</p>	<p>20</p> <p><b>Lunch:</b> Penne Pasta w/Alfredo Sauce (V) Steamed Broccoli Apple Sauce Cup</p> <p><b>Breakfast:</b> Pancake w/Strawberries 1% White Milk</p> <p><b>Snack:</b> Raisins w/Mozzarella String Cheese</p>	<p>21</p> <p><b>Lunch:</b> Grilled Chicken w/Quinoa Cooked Carrots Cnd. Diced Pears</p> <p><b>Breakfast:</b> WG Cheerios Cereal Fruit &amp; 1% White Milk</p> <p><b>Snack:</b> Edamame w/Cottage Cheese</p>

“USDA is an equal opportunity provider and employer” \*\*Menu items may change due to availability\*\*

All Student Lunches Include: One Entrée, Grain, Vegetable, Fruit and 1% White Milk.

Cooked vegetables and canned fruit will be substituted for the Early Head Start program. Children ages 1 - 2 receive whole milk.

Note: In the event that school is closed because of inclement weather, or other, the menu for returning day is the lunch that was canceled.