

# Head Start Menu



April 2024

Lunch includes entree, grain, vegetable, fruit, and choice of 1% White Milk

<p>1</p> <p><b>No School! Spring Break</b></p>	<p>2</p> <p><b>Lunch:</b> Little Caesars Cheese Pizza (V) Crinkle Cut Fries Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Cin. Chex Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> WG Blueberry Lemon Crackers w/100% Fruit Juice</p>	<p>3</p> <p><b>Lunch:</b> Orange Chicken w/Fried Rice Steamed Broccoli Cnd Mandarin Oranges</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Dried Apple Slices w/Colby Jack Cheese Cubes</p>	<p>4</p> <p><b>Lunch:</b> Beef Sloppy Joe on a Bun Fresh Baby Carrots* Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Corn Chex Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Sliced Cucumbers* w/Turkey Stick</p>
<p>8</p> <p><b>Lunch:</b> Beef &amp; Cheese Soft Taco Corn Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Cheerios Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Orange Smiles w/White Milk</p>	<p>9</p> <p><b>Lunch:</b> Cheese Bosco Sticks (V) w/Marinara Sauce Cucumber Slices* &amp; Fresh Apple Slices*</p> <p><b>Breakfast:</b> WG Banana Muffin Loaf Diced Peaches &amp; 1% White Milk</p> <p><b>Snack:</b> WG Mickey Mouse Cheese Crackers w/100% Fruit Juice</p>	<p>10</p> <p><b>Lunch:</b> Macaroni &amp; Cheese (V) Steamed Broccoli Cnd Diced Pears</p> <p><b>Breakfast:</b> Wild Blueberry Snack'n Waffle Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Ocean Spray Craisins w/Mozzarella String Cheese</p>	<p>11</p> <p><b>Lunch:</b> Turkey &amp; Gravy Whipped Potatoes &amp; Biscuit Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Special K Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Celery Sticks* w/Sunbutter</p>
<p>15</p> <p><b>No School No Lunch Service</b></p>	<p>16</p> <p><b>Lunch:</b> Little Caesars Cheese Pizza (V) Fresh Pepper Slices* Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Blueberry Muffin Loaf Pineapple &amp; 1% White Milk</p> <p><b>Snack:</b> WG Cinn. Goldfish Cracker w/100% Fruit Juice</p>	<p>17</p> <p><b>Lunch:</b> Rotini w/Meat Sauce Steamed Green Beans Fresh Watermelon</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Mixed Dried Fruit w/Cheddar Cheese Stick</p>	<p>18</p> <p><b>Lunch:</b> Beef Meatballs wDinner Roll Whipped Potatoes Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Kix Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Baby Carrots* w/Hummus</p>
<p>22</p> <p><b>Lunch:</b> Cheeseburger on a Bun Corn Fresh Orange Smiles</p> <p><b>Breakfast:</b> WG Rice Krispie Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Kiwi w/White Milk</p>	<p>23</p> <p><b>Lunch:</b> Chicken Tenders w/Dinner Roll Crinkle Cut Fries Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Apple Muffin Mixed Fruit &amp; 1% White Milk</p> <p><b>Snack:</b> WG Goldfish Pretzels w/100% Fruit Juice</p>	<p>24</p> <p><b>Lunch:</b> Penne Pasta w/Alfredo Sauce (V) Steamed Broccoli Apple Sauce Cup</p> <p><b>Breakfast:</b> Pancake w/Strawberries 1% White Milk</p> <p><b>Snack:</b> Raisins w/Mozzarella String Cheese</p>	<p>25</p> <p><b>Lunch:</b> Grilled Chicken w/Quinoa Cooked Diced Carrots &amp; Peas Cnd. Diced Pears</p> <p><b>Breakfast:</b> WG Cheerios Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Edamame w/Cottage Cheese</p>
<p>29</p> <p><b>Lunch:</b> Grilled Cheese Sandwich (V) Steamed Green Beans Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Cin. Chex Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Apple Slices w/White Milk</p>	<p>30</p> <p><b>Lunch:</b> Little Caesars Cheese Pizza (V) Crinkle Cut Fries Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Orange Muffin Loaf Diced Pears &amp; 1% White Milk</p> <p><b>Snack:</b> WG Blueberry Lemon Crackers w/100% Fruit Juice</p>	<p>May 1</p> <p><b>Lunch:</b> Orange Chicken w/Fried Rice Steamed Broccoli Cnd Mandarin Oranges</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Dried Apple Slices w/Colby Jack Cheese Cubes</p>	<p>2</p> <p><b>Lunch:</b> Beef Sloppy Joe on a Bun Fresh Baby Carrots* Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Corn Chex Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Sliced Cucumbers* w/Turkey Stick</p>