





Beech, Hilbert & Keeler Lunch Menu

August/September 2023

Lunch includes entree, grain, vegetable, fruit, and choice of 1% White Milk or Skim Chocolate

28	29 Cheese Bosco Sticks (V) w/Marinara Sauce <u>Choice of Two Vegetables</u> Steamed Broccoli Fresh Vegetable & Fruit Bar	30 Mini Turkey Corn Dogs w/Fritos <u>Choice of Two Vegetables</u> Baked Beans Fresh Vegetable & Fruit Bar	31 Chicken Smackers w/Goldfish Crackers <u>Choice of Two Vegetables</u> Baked Fries Fresh Vegetable & Fruit Bar	September 1 No School! Labor Day Weekend! 
4 No School! Labor Day Weekend! 	5 Teriyaki Beef Dippers & Biscuit Whipped Potatoes & Gravy <u>Choice of Two Vegetables</u> Corn Fresh Vegetable & Fruit Bar	6 Chicken Tenders w/Sunchips <u>Choice of Two Vegetables</u> Baked Beans Fresh Vegetable & Fruit Bar	7 Little Caesars Cheese (V) or Pepperoni Pizza <u>Choice of Two Vegetables</u> Baked Fries Fresh Vegetable & Fruit Bar	8 Beef & Cheese Nacho w/Tortilla Chips <u>Choice of Two Vegetables</u> Cheesy Refried Beans Fresh Vegetable & Fruit Bar
11 Mini Waffles (V) w/Yogurt Cup <u>Choice of Two Vegetables</u> Hash Brown Rounds Fresh Vegetable & Fruit Bar	12 Macaroni & Cheese (V) w/Garlic Toast <u>Choice of Two Vegetables</u> Green Beans Fresh Vegetable & Fruit Bar	13 Chicken Smackers w/Munchie Mix <u>Choice of Two Vegetables</u> Baked Beans Fresh Vegetable & Fruit Bar	14 Little Caesars Cheese (V) or Pepperoni Pizza <u>Choice of Two Vegetables</u> Baked Fries Fresh Vegetable & Fruit Bar	15 Beef & Cheese Taco w/Cornbread Poppers <u>Choice of Two Vegetables</u> Cheesy Refried Beans Fresh Vegetable & Fruit Bar
18 Mini Pancakes (V) w/Yogurt Cup <u>Choice of Two Vegetables</u> Crispy Tater Tot Fresh Vegetable & Fruit Bar	19 Alfredo w/Penne (V) & Garlic Toast <u>Choice of Two Vegetables</u> Steamed Broccoli Fresh Vegetable & Fruit Bar	20 Mini Turkey Corn Dogs w/Fritos <u>Choice of Two Vegetables</u> Baked Beans Fresh Vegetable & Fruit Bar	21 Little Caesars Cheese (V) or Pepperoni Pizza <u>Choice of Two Vegetables</u> Baked Fries Fresh Vegetable & Fruit Bar	22 Tangerine Chicken Over Rice Pilaf <u>Choice of Two Vegetables</u> Steamed Carrots Fresh Vegetable & Fruit Bar
25 French Toast Sticks (V) w/Sausage Patty <u>Choice of Two Vegetables</u> Hash Brown Rounds Fresh Vegetable & Fruit Bar	26 Teriyaki Beef Dippers & Biscuit Whipped Potatoes & Gravy <u>Choice of Two Vegetables</u> Corn Fresh Vegetable & Fruit Bar	27 Chicken Tenders w/Sunchips <u>Choice of Two Vegetables</u> Baked Beans Fresh Vegetable & Fruit Bar	28 Little Caesars Cheese (V) or Pepperoni Pizza <u>Choice of Two Vegetables</u> Baked Fries Fresh Vegetable & Fruit Bar	29 Beef & Cheese Nacho w/Tortilla Chips <u>Choice of Two Vegetables</u> Refried Beans Fresh Vegetable & Fruit Bar

USDA is an equal opportunity provider and employer"

Menu items may change due to availability

Alternate Entree Choices

Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger on a Bun	Chicken Patty on a Bun	Beef Hot Dog on a Bun	Yogurt Cup (V), String Cheese, Cereal Bowl & Cracker Bag	Cheese Bosco Sticks (V) w/Marinara Sauce

