Redford Union High School Lunch Menu May/June 2018

Redford Union Public Schools

Nutrition Services Mission Statement: The staff of the Redford Union Schools Food Service Department believes good nutrition helps students learn. We are committed to the friendly service of safe and nutritious meals every school day.

LUNCH PRICES

All students eat lunch FREE!

*All Student Lunches Include: One Entrée, Grain, 2 Vegetables, 2 Fruit and Choice of Milk. Assorted Fruits, Vegetables and Milk are offered daily.

1% White, FF Chocolate & FF Strawberry Milk offered daily.

Chef Salads, Deli Sandwiches & Grab 'n Go (Yogurt & String Cheese) Lunches are offered daily!

Students MUST take a Fruit or Vegetable.

ONLINE PAYMENTS

You may make lunch account payments at **www.redfordu.k12.mi.us** Log on to MISTAR Parent Portal and follow prompts to make an online payment.

www.redfordu.k12.mi.us

"USDA is an equal opportunity provider and employer"

**Menu items may change due to availability.
Note: In the event that school is closed because of inclement weather, or other, the menu for returning day is the lunch that was cancelled.

Monday	Tuesday	Wednesday	Thursday	Friday
7 1. Teriyaki Beef Dippers, Rice Pilaf w/Biscuit 2. Footlong Hot Dog on a Bun Choice of Two Vegetables Steamed Broccoli Florets Assorted Fresh Vegetables & Fruit Daily	**8** 1. Build your own Burrito. Choice of Meat, Bean, Rice and Assorted Fresh Vegetables Choice of Two Vegetables Refried Beans Assorted Fresh Vegetables & Fruit Daily	**9** 1. Cheese (V) or Pepperoni Pizza Choice of Two Vegetables Baked Fries Assorted Fresh Vegetables & Fruit Daily	**10** 1. Pasta Bar featuring Alfredo Sauce & Garlic Toast Choice of Two Vegetables Steamed California Blend Assorted Fresh Vegetables & Fruit Daily	**11** **1/2 Day!** **No Lunch Service**
14 1. Mandarin Mango, Rice Pilaf, Dinner Roll & Fortune Cookie Choice of Two Vegetables Steamed Broccoli Florets Assorted Fresh Vegetables & Fruit Daily	**15** 1. Soft Shell Beef Taco & Corn Bread w/Seasoned Beef or Chicken Fajita, Cheese & Fresh Toppings Choice of Two Vegetables Refried Beans Assorted Fresh Vegetables & Fruit Daily	**16** 1. Cheese (V) or Pepperoni Pizza Choice of Two Vegetables Baked Fries Assorted Fresh Vegetables & Fruit Daily	**17** 1. Macaroni & Cheese w/Bacon & Garlic Bread. Choice of Two Vegetables Breen Beans Assorted Fresh Vegetables & Fruit Daily	18 1. 10" Chicken Bacon Ranch Wrap 2. French Toast Sticks (V) & Pork Sausage Choice of Two Vegetables Hash Brown Patties or Baked Fries Assorted Fresh Vegetables & Fruit Daily
21 1. Sloppy Joe on a Bun 2. Mini Chicken Corn Dogs w/Dinner Roll Choice of Two Vegetables Steamed Broccoli Florets Assorted Fresh Vegetables & Fruit Daily	***Seniors 1/2 Day!*** **22** 1. Beef Nacho's w/Cheese Sauce & Fresh Toppings Choice of Two Vegetables Refried Beans Assorted Fresh Vegetables & Fruit Daily	***Seniors 1/2 Day!*** **23** 1. Cheese (V) or Pepperoni Pizza Choice of Two Vegetables Baked Fries Assorted Fresh Vegetables & Fruit Daily	***Seniors 1/2 Day! Last Day!*** **24** 1. Pasta Bar featuring Cheese Lasagna (V) & Garlic Bread Choice of Two Vegetables Steamed California Blend Assorted Fresh Vegetables & Fruit Daily	**25** 1. Mashed Potato Bowl w/Popcorn Chicken, Corn, Gravy & Biscuit Choice of Two Vegetables Whipped Potatoes & Gravy Assorted Fresh Vegetables & Fruit Daily
28 **No School!** **Memorial Day**	**29** 1. Build your own Burrito. Choice of Meat, Bean, Rice and Assorted Fresh Vegetables Choice of Two Vegetables Refried Beans & Steamed Corn Assorted Fresh Vegetables & Fruit Daily	**30** 1. Cheese (V) or Pepperoni Pizza Choice of Two Vegetables Baked Fries Assorted Fresh Vegetables & Fruit Daily	**31** 1. Pasta Bar w/Garlic Toast Choice of Two Vegetables Corn Assorted Fresh Vegetables & Fruit Daily	**June 1** 1. 10" Chicken Caesar Wrap 2. Ham & Cheese Calzone Choice of Two Vegetables Baked Fries Assorted Fresh Vegetables & Fruit Daily
4 1. Cook's Choice 2. Footlong Hot Dog on a Bun Choice of Two Vegetables Assorted Fresh Vegetables & Fruit Daily	**5** 1. Soft Shell Beef Taco & Corn Bread w/Seasoned Beef, Cheese & Fresh Toppings Choice of Two Vegetables Assorted Fresh Vegetables & Fruit Daily	**6** 1. Cheese (V) or Pepperoni Pizza Choice of Two Vegetables Assorted Fresh Vegetables & Fruit Daily	**7** 1. Cook's Choice	**8** **1/2 Day!** **No Lunch Service**
11 1. Cook's Choice	**12** 1. Cook's Choice	**13** **1/2 Day!** **No Lunch Service**	**14** **1/2 Day!** **No Lunch Service**	**15** **1/2 Day!** **No Lunch Service**
ADDITIONAL MONDAY CHOICES Garlic French Bread Pizza (V) Pizza Bosco Sticks Spicy Chicken Patty on a Bun Boneless Chicken Drummies w/Dinner Roll	**ADDITIONAL TUESDAY CHOICES** Deep Dish Pizza (V) Cheeseburger on a Bun Spicy Popcorn Chicken w/Corn Bread Pizza Cruncher's w/Dipping Sauce	**ADDITIONAL WENDESDAY CHOICES** Commercial Pizza (V) Crispy Chicken Patty on a Bun Cheeseburger on a Bun Popcorn Chicken w/Dinner Roll	**ADDITIONAL FRIDAY CHOICES** Big Daddy's Pizza Cheese Bosco Sticks w/Marinara (V) Crispy Chicken Patty on a Bun Chicken Nuggets w/Garlic Toast	**ADDITIONAL THURSDAY CHOICES** Stuffed Crust Pizza (V) Cheeseburger on a Bun Chicken Tenders w/Biscuit