

**WAYNE METRO MACGOWAN**

**MAY 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>6  <b>Lunch:</b> Beef &amp; Cheese Soft Taco                      Corn                      Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Cheerios Cereal                      Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Orange Smiles                      w/White Milk</p>	<p>7  <b>Lunch:</b> Cheese Bosco Sticks (V) w/Marinara Sauce                      Cucumber Slices*                      Fresh Apple Slices*</p> <p><b>Breakfast:</b> WG Banana Muffin Loaf                      Diced Peaches &amp; 1% White Milk</p> <p><b>Snack:</b> WG Mickey Mouse Cheese Crackers                      w/100% Fruit Juice</p>	<p>8  <b>Lunch:</b> Macaroni &amp; Cheese (V)                      Steamed Broccoli                      Cnd Diced Pears</p> <p><b>Breakfast:</b> Wild Blueberry Snack'n Waffle                      Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Michigan Dried Sour Berries                      w/Mozzarella String Cheese</p>	<p>9  <b>Lunch:</b> Chicken Smackers                      Whipped Potatoes &amp; Biscuit                      Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Special K Cereal                      Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Celery Sticks*                      w/Sunbutter</p>
<p>13  <b>Lunch:</b> Chicken Patty on a Bun                      Refried Beans                      Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Rice Chex Cereal                      Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Melon                      w/White Milk</p>	<p>14  <b>Lunch:</b> Little Caesars Cheese Pizza (V)                      Fresh Pepper Slices*                      Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Blueberry Muffin Loaf                      Pineapple &amp; 1% White Milk</p> <p><b>Snack:</b> WG Cinn. Goldfish Cracker                      w/100% Fruit Juice</p>	<p>15  <b>Lunch:</b> Rotini w/Meat Sauce                      Steamed Green Beans                      Fresh Watermelon</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese                      Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Michigan Dried Cherries                      w/Cheddar Cheese Stick</p>	<p>16  <b>Lunch:</b> Beef Meatballs w/Garlic Knot                      Whipped Potatoes                      Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Kix Cereal                      Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Baby Carrots*                      w/Hummus</p>
<p>20  <b>Lunch:</b> Cheeseburger on a Bun                      Corn                      Fresh Orange Smiles</p> <p><b>Breakfast:</b> WG Rice Krispie Cereal                      Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Kiwi                      w/White Milk</p>	<p>21  <b>Lunch:</b> Chicken Tenders w/Dinner Roll                      Crinkle Cut Fries                      Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Apple Muffin                      Mixed Fruit &amp; 1% White Milk</p> <p><b>Snack:</b> WG Goldfish Pretzels                      w/100% Fruit Juice</p>	<p>22  <b>Lunch:</b> Penne Pasta w/Alfredo Sauce (V)                      Steamed Broccoli                      Apple Sauce Cup</p> <p><b>Breakfast:</b> Pancake w/Strawberries                      1% White Milk</p> <p><b>Snack:</b> Michigan Dried Sour Berries                      w/Mozzarella String Cheese</p>	<p>23  <b>Lunch:</b> Grilled Chicken w/Quinoa                      Cooked Diced Carrots &amp; Peas                      Cnd. Diced Pears</p> <p><b>Breakfast:</b> WG Cheerios Cereal                      Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Edamame                      w/Cottage Cheese</p>
<p>27</p> <p style="text-align: center;"><b>No School!                      Memorial Day</b></p>	<p>28  <b>Lunch:</b> Little Caesars Cheese Pizza (V)                      Crinkle Cut Fries                      Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Orange Muffin Loaf                      Diced Pears &amp; 1% White Milk</p> <p><b>Snack:</b> WG Blueberry Lemon Crackers                      w/100% Fruit Juice</p>	<p>29  <b>Lunch:</b> Orange Chicken w/Fried Rice                      Steamed Broccoli                      Cnd Mandarin Oranges</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese                      Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Michigan Dried Cherries                      w/Colby Jack Cheese Cubes</p>	<p>30  <b>Lunch:</b> Beef Sloppy Joe on a Bun                      Fresh Baby Carrots*                      Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Corn Chex Cereal                      Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Sliced Cucumbers*                      w/Turkey Stick</p>

<p>3 <b>Lunch:</b> Beef &amp; Cheese Soft Taco Corn Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Cheerios Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Orange Smiles w/White Milk</p>	<p>4 <b>Lunch:</b> Cheese Bosco Sticks (V) w/Marinara Sauce Cucumber Slices* Fresh Apple Slices*</p> <p><b>Breakfast:</b> WG Banana Muffin Loaf Diced Peaches &amp; 1% White Milk</p> <p><b>Snack:</b> WG Mickey Mouse Cheese Crackers w/100% Fruit Juice</p>	<p>5 <b>Lunch:</b> Macaroni &amp; Cheese (V) Steamed Broccoli Cnd Diced Pears</p> <p><b>Breakfast:</b> Wild Blueberry Snack'n Waffle Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Ocean Spray Craisins w/Mozzarella String Cheese</p>	<p>6 <b>Lunch:</b> Chicken Smackers Whipped Potatoes &amp; Biscuit Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Special K Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Celery Sticks* w/Sunbutter</p>
<p>10 <b>Lunch:</b> Chicken Patty on a Bun Refried Beans Cnd Diced Peaches</p> <p><b>Breakfast:</b> WG Rice Chex Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Melon w/White Milk</p>	<p>11 <b>Lunch:</b> Little Caesars Cheese Pizza (V) Fresh Pepper Slices* Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Blueberry Muffin Loaf Pineapple &amp; 1% White Milk</p> <p><b>Snack:</b> WG Cinn. Goldfish Cracker w/100% Fruit Juice</p>	<p>12 <b>Lunch:</b> Rotini w/Meat Sauce Steamed Green Beans Fresh Watermelon</p> <p><b>Breakfast:</b> WG Mini Bagel w/Cream Cheese Fresh Banana &amp; 1% White Milk</p> <p><b>Snack:</b> Mixed Dried Fruit w/Cheddar Cheese Stick</p>	<p>13 <b>Lunch:</b> Beef Meatballs w/Garlic Knot Whipped Potatoes Cnd Mixed Fruit</p> <p><b>Breakfast:</b> WG Kix Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Baby Carrots* w/Hummus</p>
<p>20 <b>Lunch:</b> Cheeseburger on a Bun Corn Fresh Orange Smiles</p> <p><b>Breakfast:</b> WG Rice Krispie Cereal Apple Sauce Cup &amp; 1% White Milk</p> <p><b>Snack:</b> Fresh Watermelon w/White Milk</p>	<p>21 <b>Lunch:</b> Chicken Tenders w/Dinner Roll Crinkle Cut Fries Cnd Pineapple Tidbits</p> <p><b>Breakfast:</b> WG Apple Muffin Mixed Fruit &amp; 1% White Milk</p> <p><b>Snack:</b> WG Goldfish Pretzels w/100% Fruit Juice</p>	<p>22 <b>Lunch:</b> Penne Pasta w/Alfredo Sauce (V) Steamed Broccoli Apple Sauce Cup</p> <p><b>Breakfast:</b> Pancake w/Strawberries 1% White Milk</p> <p><b>Snack:</b> Raisins w/Mozzarella String Cheese</p>	<p>23 <b>Lunch:</b> Grilled Chicken w/Quinoa Cooked Diced Carrots &amp; Peas Cnd. Diced Pears</p> <p><b>Breakfast:</b> WG Cheerios Cereal Fresh Apple Slices &amp; 1% White Milk</p> <p><b>Snack:</b> Edamame w/Cottage Cheese</p>

“USDA is an equal opportunity provider and employer” \*\*Menu items may change due to availability\*\*

All Student Lunches Include: One Entrée, Grain, Vegetable, Fruit and 1% White Milk.

Cooked vegetables and canned fruit will be substituted for the Early Head Start program. Children ages 1 - 2 receive whole milk.

Note: In the event that school is closed because of inclement weather, or other, the menu for returning day is the lunch that was canceled.